

Launceston Anglers' Association

Rules & Regulations

including a summary of Environment Agency Byelaws and Best Practice while fishing Association waters

Rules of Angling

1. Association beats are not to be used for personal gain, financial or otherwise, provision of angling or guiding services for reward are prohibited.
2. Catch and release applies to all salmon, grayling, dace and eel caught and must be returned to the water.
3. Any member or person to whom a permit to fish has been issued should carry this on their person whilst on Association beats and must be made available for inspection for any other member on request who also produces their membership ticket or permit to fish.
4. All anglers, fishing Association waters, must be in possession of an appropriate E.A. Rod Licence.
5. The sale of salmonids, coarse fish and eel by Association members, whether or not the fish are caught on Association waters is forbidden.
6. Trout and seatrout under 8" (20cm) in length from point of nose to cleft of tail must be returned to the water. Trout and seatrout over 3lb or 20" (1.35kg, 50cm) to be returned.
7. No rod shall retain more than 2 trout and 2 sea trout per day, 5 per week, 15 per calendar year.
8. Dogs are not permitted on Association beats.
9. Anglers are not allowed to spend more than twenty minutes on any one pool.
10. Artificial lure fishing for trout and grayling is prohibited on Association waters.
11. The use of natural bait is forbidden during the period between 1 hour after sunset until sunrise.
12. Only single individual barbless / de-barbed hooks must be used.
13. Any person failing to observe the Rules, Regulations and Byelaws adopted by the Association is liable to have their membership terminated.

Fishing Access and Methods

Fly & Lure

Beat No	Beat Name	Open Dates	Methods (LAA regulations)	Winter Trotting
1	Polson -Tamar	All Year	Fly, Lure & Natural Baits*	Yes
1a	Bamham - Tamar	All Year	Fly & Lure	Yes
3	Netherbridge - Tamar	All Year	Fly, Lure & Natural Baits*	Yes
4	Heale Bridge - Carey	All Year	Fly Only	No
5	Lower Goodmansleigh - Tamar	All Year	Fly, Lure & Natural Baits*	Yes
6	Druyton to Boyton - Tamar	All Year	Fly Only	No
8	Treguddick - Inny	15 Mar - 30 Sept	Fly & Natural Baits*	No
10	Trekelland - Inny	15 Mar - 31 Oct	Fly only until 16th June	No
11	Trelaske - Inny	15 Mar - 31 Oct	then fly, lure & natural baits*	No
12	Wooda Bridge - Inny	15 Mar - 31 Oct	Fly & Lure	No
15	St Leonards - Kensey	15 Mar - 31 Oct	Fly, Lure & Natural Baits*	No
Notes on Methods *See Byelaws on restrictions. Winter trotting for Grayling 1st Oct to 14th Mar Only				

Species Open seasons

Species	Dates
Salmon	1st March to 14th October
Sea Trout	3rd March to 30th September
Non Migratory Trout	15th March to 30th September
Coarse Fish (Grayling & Dace)	16th June to 14th March

EA Byelaws & Regulations

Species	Byelaw
Salmon	Artificial fly and artificial lure only before 16 June
Salmon & Sea Trout	No worm, maggot, shrimp or prawn after 31 August.
Eel, lamprey & other coarse fish	The (2010) Removal of Coarse Fish Regulations state it is illegal to remove eels and elvers caught by rod and line and they must be returned alive. Shad must also be returned alive. There are further restrictions on the removal of grayling and other coarse fish such as dace.
Other	Byelaw
Landing nets	You may NOT use a landing net with any knotted mesh or meshes of metallic material. The use of a gaff is prohibited at all times when fishing for salmon, trout, freshwater fish or freshwater eels in England and Wales.
Sale of fish	No person shall sell, offer, or expose for sale or have in their possession for sale any salmon or migratory trout which has been taken by rod and line.

Best Practice

Angling can cause unwanted fish mortality but this can be minimised by adhering to byelaws, rules and good practice guidelines. The following are provided to further this purpose and are in addition to the *Rules of Angling* above, printed on the Association's Permits to fish and also available on our website: launcestonanglers.org.uk

SEA TROUT - Please release all sea trout that are red or coloured.

We wish to encourage anglers to release all fish caught

Hooks: single hooks inflict less damage than doubles or trebles. Single barbless hooks to be used at all times. Flatten the barbs on your hooks with pliers if you do not have barbless hooks.

Playing fish: Fish are best landed before complete exhaustion (of the fish) and therefore all elements of tackle should be strong enough to allow them to be played firmly.

Handling and unhooking: Fish should be netted and unhooked in the water whenever possible. Make every effort to keep the fish in the water. Wet your hands and carefully support the fish if you really must take it out of the water. Do not hold the fish up by its tail. Remove the hook gently - if necessary, cut the line if deeply hooked.

Take extra care with spring salmon, they are more susceptible to damage and fungal infection. If a fish is to be returned, do not under any circumstances keep it out of the water for more than 30 seconds. Changes in the fish's body affect survival within one minute. Avoid weighing the fish. Estimate weight and length in the water. Take any photographs while the fish is still in the water. Support an exhausted fish underwater in an upright position facing the current. Be patient and give it time to recover and swim away on its own.

Discarded fishing tackle kills wildlife!

Please do your utmost to recover broken line and hooks.

LAUNCESTON ANGLERS ASSOCIATION

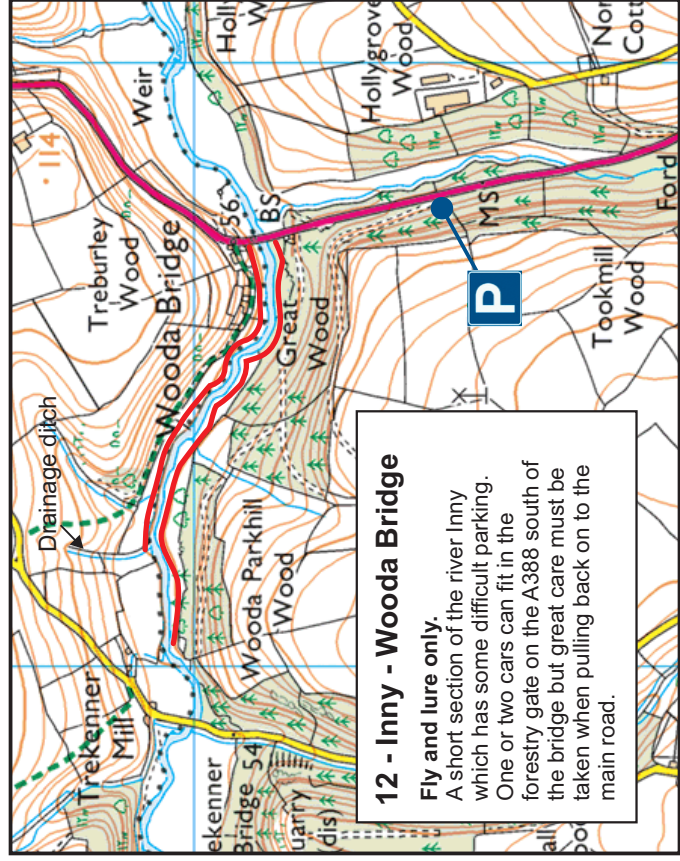
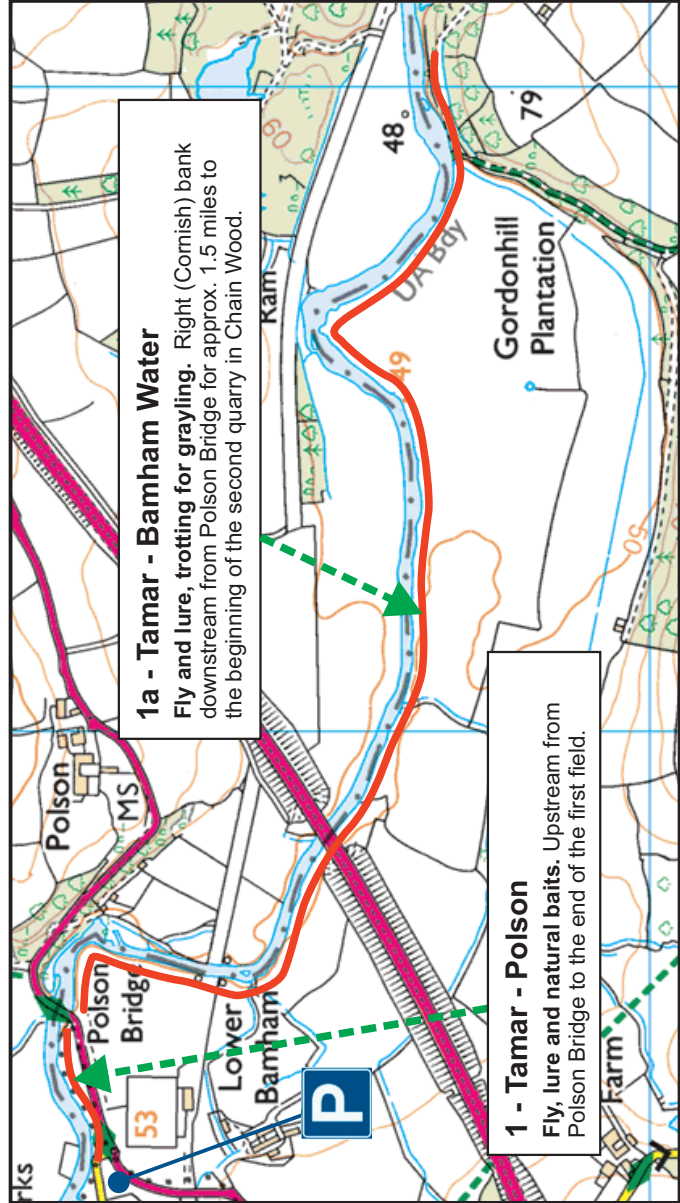
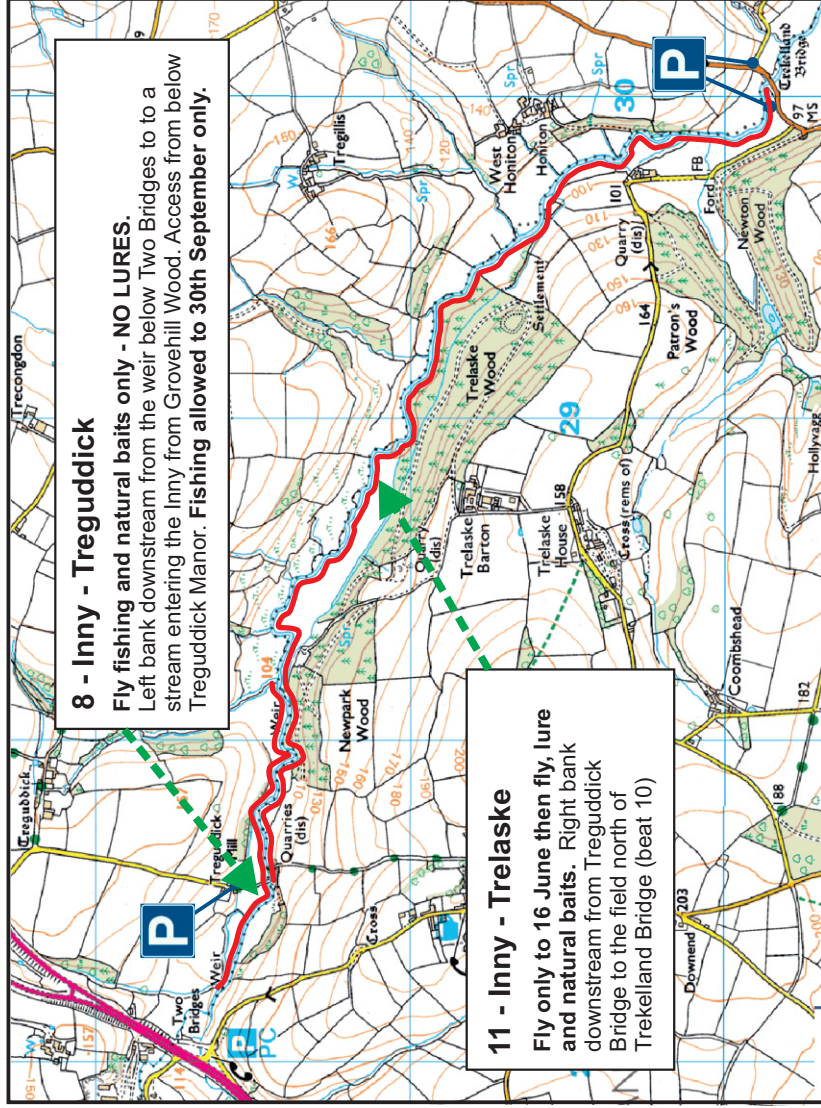
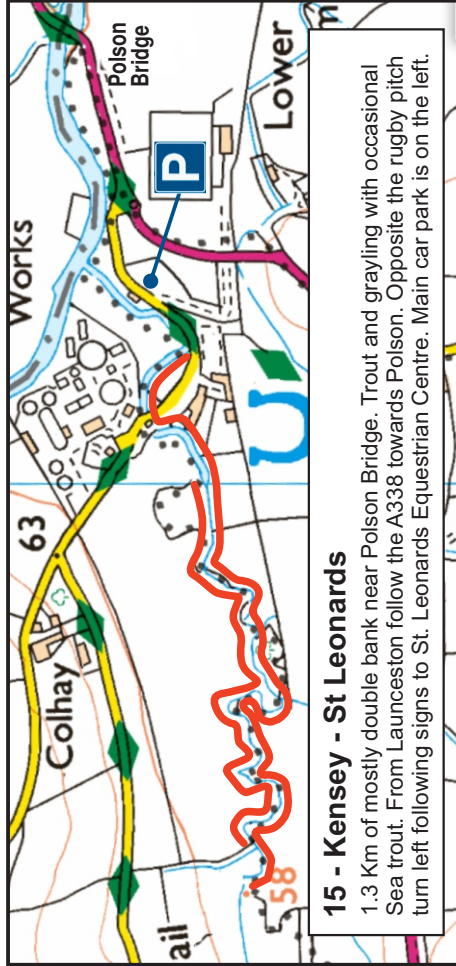
launcestonanglers.org.uk

- BEAT MAPS 2026 -

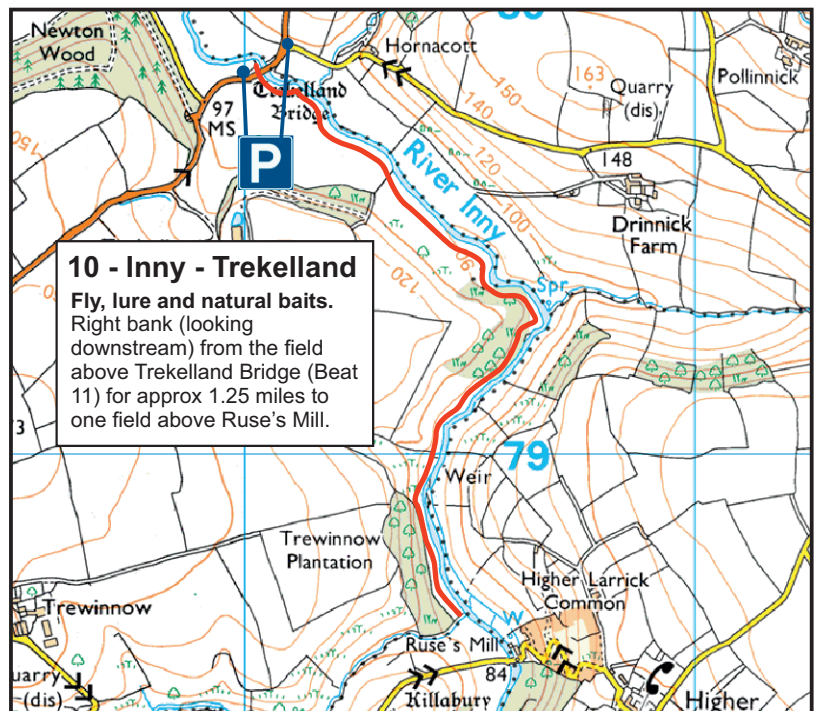
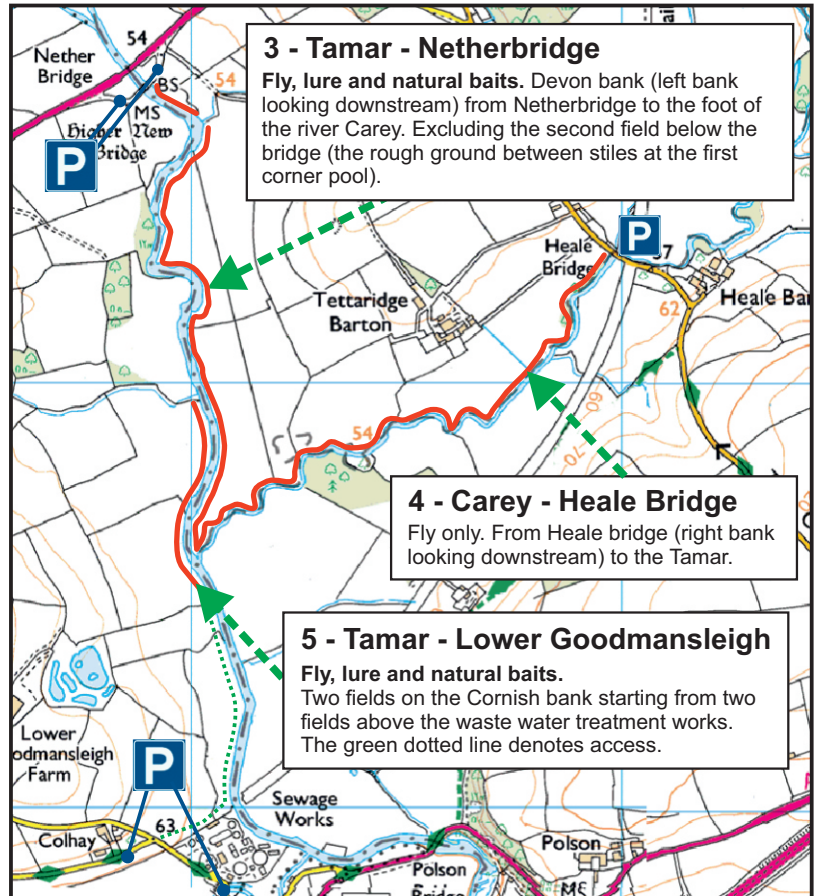
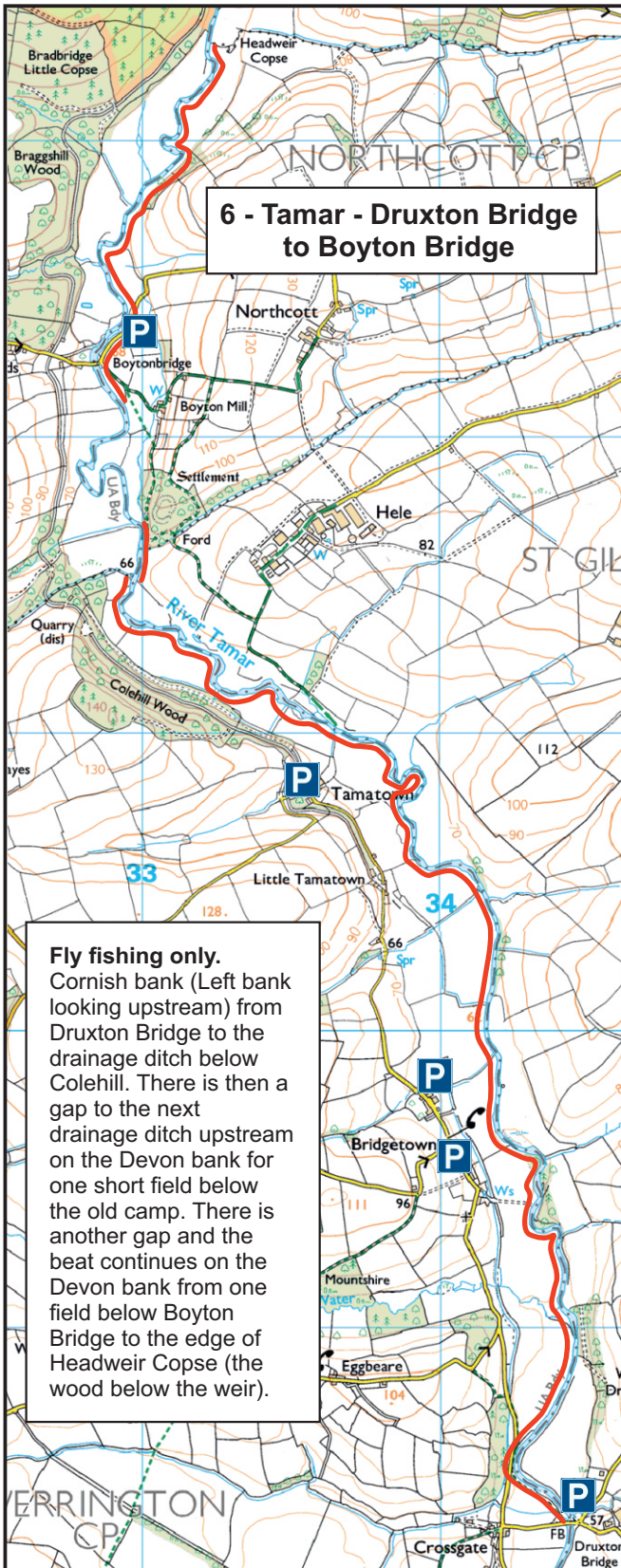
The red lines indicates the bank/s that can be fished

These maps should be read in conjunction with our 'Rules And Regulations'

Fly, lure or bait you may only use SINGLE BARBLESS HOOKS



NOTE: Many of the parking places indicated are in close proximity to farms. Do not obstruct gateways etc and be aware that many roads are single track and narrow!



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It is a condition of fishing any Launceston Anglers Association waters that an accurate catch return must be completed. This can be done on the website.

For further information and news visit launcestonanglers.org.uk