

# Launceston Anglers' Association

## Rules & Regulations

Including a summary of Environment Agency Byelaws and Best Practice while fishing Association waters

### *Rules of Angling*

1. Association beats are not to be used for personal gain, financial or otherwise, provision of angling or guiding services for reward are prohibited
2. Catch and release applies to all salmon, grayling, dace and eel caught and must be returned to the water
3. Any member or person to whom a permit to fish has been issued should carry this on their person whilst on Association beats and must be made available for inspection for any other member on request who also produces their membership ticket or permit to fish.
4. All anglers, fishing Association waters, must be in possession of an appropriate E.A. Rod Licence.
5. The sale of salmonids, coarse fish and eel by Association members, whether or not the fish are caught on Association waters is forbidden
6. Trout and sea trout under 8" (20cm) in length from point of nose to cleft of tail must be returned to the water. Trout and sea trout over 3lb or 20" (1.35kg, 50cm) to be returned.
7. No rod shall retain more than 2 trout and 2 sea trout per day, 5 per week, 15 per calendar year
8. Dogs are not permitted on Association beats
9. Anglers are not allowed to spend more than twenty minutes on any one pool
10. Artificial lure fishing for trout and grayling is prohibited on Association waters
11. The use of natural bait is forbidden during the period between 1 hour after sunset until sunrise
12. Single individual barbless / de-barbed hooks to be used.
13. Any person failing to observe the Rules, Regulations and Byelaws adopted by the Association is liable to have their membership terminated.

### *Fishing Access and Methods*

Beat No	Beat Name	Summer Ticket	Open Dates	Methods (LAA regulations)	Winter Trotting
1	Polson -Tamar	No	All Year	Fly, Lure & Natural Baits*	Yes
1a	Bamham - Tamar	No	All Year	Fly & Lure	Yes
3	Netherbridge - Tamar	No	All Year	Fly, Lure & Natural Baits*	Yes
4	Heale Bridge - Carey	No	All Year	Fly Only	No
5	Lower Goodmansleigh - Tamar	No	All Year	Fly, Lure & Natural Baits*	Yes
6	Druyton to Boyton - Tamar	Yes	All Year	Fly Only	No
8	Treguddick - Inny	Yes	15 Mar - 30 Sept	Fly & Natural Baits*	No
10	Trekelland - Inny	Yes	15 Mar - 31 Oct	Fly only until 16th June then fly, lure & natural baits*	No
11	Trelaske - Inny	Yes	15 Mar - 31 Oct		No
12	Wooda Bridge - Inny	Yes	15 Mar - 31 Oct	Fly & Lure	No
14	Treburtle - Ottery	Yes	15 Mar - 31 Oct	Fly Only	No
				<b>Notes on Methods</b>	
				Natural Baits* - See Byelaws on restrictions. Trotting for Grayling 1st Oct to 14th Mar Only	

## ***Species Open seasons***

<b>Species</b>	<b>Dates</b>
Salmon	1st March to 14th October
Sea Trout	3rd March to 30th September
Non Migratory Trout	15th March to 30th September
Coarse Fish (Grayling & Dace)	16th June to 14th March

## ***EA Byelaws & Regulations***

<b>Species</b>	<b>Byelaw</b>
Salmon	Artificial fly and artificial lure only before 16 June
Salmon & Sea Trout	No worm, maggot, shrimp or prawn after 31 August.
Eel, lamprey & other coarse fish	The (2010) Removal of Coarse Fish Regulations state it is illegal to remove eels and elvers caught by rod and line and they must be returned alive. Shad must also be returned alive. There are further restrictions on the removal of grayling and other coarse fish such as dace.
<b>Other</b>	<b>Byelaw</b>
Landing nets	You may NOT use a landing net with any knotted mesh or meshes of metallic material. The use of a gaff is prohibited at all times when fishing for salmon, trout, freshwater fish or freshwater eels in England and Wales.
Sale of fish	No person shall sell, offer, or expose for sale or have in their possession for sale any salmon or migratory trout which has been taken by rod and line.

## ***Best Practice***

Angling can cause unwanted fish mortality but this can be minimised by adhering to byelaws, rules and good practice guidelines. The following are provided to further this purpose and are in addition to the *Rules of Angling* above, printed on the Association's Permits to fish and also available on the LAA website:

**launcestonanglers.org.uk**

**SEA TROUT** - Please release all sea trout that are red or coloured.

**We wish to encourage anglers to release all fish caught**

**Hooks:** single hooks inflict less damage than doubles or trebles. Single barbless hooks to be used at all times. Flatten the barbs on your hooks with pliers if you do not have barbless hooks.

**Playing fish:** Fish are best landed before complete exhaustion (of the fish) and therefore all elements of tackle should be strong enough to allow them to be played firmly.

**Handling and unhooking:** Fish should be netted and unhooked in the water whenever possible. Make every effort to keep the fish in the water. Wet your hands and carefully support the fish if you really must take it out of the water. Do not hold the fish up by its tail. Remove the hook gently - if necessary, cut the line if deeply hooked. Take extra care with spring salmon, they are more susceptible to damage and fungal infection. If a fish is to be returned, do not under any circumstances keep it out of the water for more than 30 seconds. Changes in the fish's body affect survival within one minute. Avoid weighing the fish. Estimate weight and length in the water. Take any photographs while the fish is still in the water. Support an exhausted fish underwater in an upright position facing the current. Be patient and give it time to recover and swim away on its own.

**Discarded fishing tackle kills wildlife!**  
**Please do your utmost to recover broken line and hooks.**